



UVCT's project for Reformation and Rehabilitation in Tihar Jail

Crime is an outcome of a sick mind and a jail must offer an environment similar to hospitals for the treatment and care of inmates. In this direction, Tihar jail is changing the mindsets of criminals with a number of reformation programmes, such as its initiative in the form of "Betterlife Pri School" launched on 25 September 2017 at Jail No. 5. Delhi. It is an integrated Reformation, Rehabilitation and Reintegration Centre for young inmates in the age group of 18 to 21 years. UVCT availed the opportunity and became a partner-in-action, alongwith Pratham, Tycia(Literacy), SPYM(Drug De-addiction) and Primero (Skill training).

Delhi Deputy CMMr. Manish Sisodia, inaugurated the School. Dr.UNB Rao, Chairman of UVCT was also present along with the DG(P) Mr.Sudhir Yadav during the inauguration. UVCT has taken the responsibility of criminal profiling, counseling and life skills education, besides rehabilitation after release of these inmates from Tihar Jail, as far as possible.

The launch also witnessed a cultural programme of singing and dancing activities done by inmates of CJ No.5. Artwork by inmates adorned the walls of the Tihar School and other spaces in the jail complex. The Betterlife Pri School itself has a quite plush surrounding - it has digital projectors classrooms, life skills classrooms, sculpture and painting classrooms, a gallery with flower rangoli done, a foyer and a lawn in the front. On the evening, the premises of Tihar School witnessed a lot of enthusiasm in its environment. A lot of effort had been put in the preparation for this event. The programme was ushered in with a Prarthna Song, along with orchestra. An inmate rendered a song arousing the sentiments of inmates praising the motherhood. A senior inmate requested every other inmate to change himself and to live with dignity in society.



"More Trainers for Life Skill Education"

UVCT organized a three-day workshop at Urvi Vikram National Centre for adolescents (UVNAC), from 9th August (Wednesday) to 11th August (Friday) 2017, on the theme "Life Skills for Trainers". The Workshop was conducted by Resource Persons- Ms. Piyali Acharya (Training Coordinator) and Prof. Sudhir Kapoor (Training Consultant).

The workshop began with an introductory session; followed by a Pre-Test on Life Skills Assessment; establishing Ground Rules; and an understanding of life skills. The topics covered were handling emotions; risky behavior; substance abuse; life skills - concept, core values and importance in daily life, gender-sensitization, discrimination, and relations; friendship; peer pressure; physical and emotional changes in adolescents; health & hygiene; Career Planning; and using life skills in career making. A Post assessment test was conducted to assess the impact of the 3-day programme. The participants included 3 foreign AISEC internees- one from Egypt; one from Turkey and one from Germany who all received certificates of proficiency. The workshop enriched the understanding of the UVCT core staff about life skills. The Techniques & methods used for the sessions were Role plays, PPTs, discussions, brainstorming, group activities and feed backs. The valedictory function was graced by Dr. UNB Rao (Chairman UVCT) and Mrs. Chaya (Vice Chairperson).



Its time to get back to the drawing board.

As part of education, UVCT centre Project Coordinator Ms Umam Tabrez at Tagore garden organized a drawing competition on September 28, 2017. It was a unique experience for the students to express their talent through drawings. In this, the students could draw and paint anything of their choice. Material for the drawing competition was provided at the centre. In this session, students also took part in activities such as drawing portraits and sketches and free hand drawing using art materials. About 100 students were there to take part in this competition.

★★★★★★★★★★

Special Thanks

UVCT-AIESEC Interns

Salih Zeki(Turkey)

Ahmed (Egypt)

Patrick (Germany)

For their contributions to UVCT



Making Choices: Life Skills for Adolescents

According to its definition, Life skills are “the abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life.”

Interactive sessions on Life Skills were held wef 14 September 2017 at Tagore Garden Centre which were designed to help adolescents develop skills that would help them to make healthy and positive choices in their lives. In addition, it would also assist adults, parents and teachers in guiding young people in their life choice. A series of verbal exercises were conducted to help the students to organize their goals and aspirations in life.



The importance of personal integrity and personal health were also highlighted along with the emphasis on the need to maintain healthy relationships with friends and family. Since choosing a career is among the more important decisions one makes, a section on career planning was offered. Finally, ways in which students can create change and address world problems were explored. Numerous worksheets and exercises were included to help students learn about probable solutions. The life skill sessions enhanced the creativity, idealism, buoyancy and a spirit of adventure. Dr.UNB Rao's ability to blend well with students and his skills in nonverbal aspects of social interactions, such as facial expressions, body language and voice tone helped the students immensely. Students were asked to participate in the questioning process and were also asked to take on roles that explore various outcomes. During role plays, students learned to divide complex social situations into sequential parts, discuss the emotions involved, and act out a variety of possible responses, they also tried to bring out what they have within. They were enabled in abstract thinking, better articulation and of developing an independent ideology. They also learned practical skills for dealing with teasing and understanding complex social cues.

Seven migrant workers were detected HIV positive

The rise in HIV prevalence should be taken seriously. Official studies need to be done to explore reasons behind the fresh cases. UVCT Target Intervention Centre Wazirpur Industrial Estate, Delhi geared up public awareness programmes about HIV/AIDS. Highlighting that the fresh cases could cause further spread of the disease, experts had pointed out the need for spreading awareness about how to live with HIV/AIDS. TI centre conducted a number of Nukad Natak, Health Camps and Condom Demonstrations. Alongside, testing was encouraged as the modern treatment for HIV is effective and its early diagnosis can improve the chances of living longer and being healthier. UVCT collaborated with Safdarjung Hospital. The active campaigning followed by assurance to ensure free medical aid to HIV positive victims, led to a number of suspicious cases coming forward for testing. This campaign by TI Wazirpur led to detection of seven(7) positive cases in a span of 3 months of record output.



**TEKKALI 'PRAGATI PADAM' CENTRE
PROGRESSING**

The Pragati Padam Center (Library), located in Tekkali, a remote town of Srikakulam Dist, Andhra Pradesh, in the ancestral house of Dr. UNB Rao, Founder Chairman of UVCT, has become a centre for job aspirants and candidates appearing in state and central competitive examinations. The residents of Tekkali and around have veneration for the place where Dr. Rao stayed and pursued his school education. The library is equipped with a large number of career-oriented books and material for competitive examinations, which are amply utilized by the visitors.



COMMUNITY MOBILIZATION PROGRAMMES

UVCT Yuva Shakti Centre, Arilova colony organized Community mobilization in various areas adjoining its centre. During this the staff interacted with local leaders and women. The people shared their views and took guidance for improvement through the activities of the centre. As a part of independent day celebrations on 14th August, UVCT conducted games for women and children. UVCT also conducted a World Environment Day program on June 5th at Mahodaya Junior College, Vemulavalasa, which enlisted wider participation of members of staff and the college students. During this program, Mr. Raqueeb, Joint Secretary UVCT talked about the importance of Environment and how to protect the earth.

RUNAWAY CHILDREN RE UNION PROGRAM IN VISHAKHAPATNAM

UVCT and Sathi - Railway child line jointly organized re union of run away children with the parents on 18-09-2017. The program was organized in Govt. children home for boys, with the support of Juvenile Welfare Committee. The Guests of Honor were Sri. P V N Madhav, MLC, Govt. of AP and Mr. Mohammed Hussain, Chairman of CWC. Twenty(20) children were restored to their parents. The said children who ran away from their parents, were rescued by the Sathi organization. UVCT conducted Life skill program and motivated the parents and children.



UVCT TO ESTABLISH YUVA SHAKTI CENTRES WITH THE SUPPORT OF TISS

Urivi Vikram Charitable Trust (UVCT), having received approval for its generic proposal from the National CSR Hub at Tata Institute of Social Sciences (TISS), Mumbai, vide their letter dtd. 21st Aug 2017, is hoping to establish Yuva Shakti Centres (YSC's), in collaboration with Public Sector Undertakings (PSUs) at different locations in India. YSC is one of the nine programmes which won recognition of the NCSR Hub, after a rigorous process of scrutiny and review. NCSR Hub also accredited (renewed) UVCT, VIDE ITS Code No: A/1/17/03/986 dtd. 7th Aug. 2017, for capacity building initiatives and preparations of Proposals for NCSR Proposal Bank besides working in the thematic framework of Adolescents- Skill Development, Vocational Training and Youth Empowerment for the areas of New Delhi, Andhra Pradesh and Maharashtra.

UVCT – NPCIL Rehabilitation and Vocational Skill Programme

UVCT is collaborating with NPCIL for establishing Rehabilitation and Vocational Skill Training Centre at Dharamvaran for the affected families at Kovvada. The R&R complex is expected to be ready by February next year.



Urivi Vikram Charitable trust along with other 5 NGOs in Mumbai have undertaken a new project titled "HAPPY Project" (Health Action Program for the progress of youth) with Program support from DESH Foundation (Deepam educational society for health.) and Technical support from Tata Institute of Social Sciences. The Main Focus of Happy Project is promoting healthy lifestyle practice, Reducing and preventing the health risks among school going (6th to 12th class) adolescence youths. UVCT educate children in schools covering seven thematic areas that are (Health and Hygiene, Mental Health, substance abuse, life skills, injuries and violence, communicable and non communicable disease, sexual and reproductive health.



CHILDLINE collaborative organization

The Kalyan Center is a Childline regional centre which functions with other collaborative organizations. The center receives calls 24*7 from children/adults who dial 1098 (seeking assistance). The other functions of Childline include responding to the calls and long term follow-up of calls received. Additionally, the collaborative organizations are responsible for awareness, training, research and documentation. The Center has a proven capacity to network with other government (Juvenile Welfare Board, Police and Health Systems) and non-government organizations. Other activities involve -

- Pamphlets distribution on Platform to create awareness among passengers
- Meeting with Stake Holders
- Case Interventions

MGL-CSR Project

Under the CSR program the center is working towards the Educational Empowerment of 3,000 under-privileged students from 10 Government and aided Schools in Kalyan area of Thane District (Maharashtra) through various activities which include:



- Providing orientation to the Heads and Promoters of all 10 schools.
- Providing orientation to teachers
- Providing orientation to Parents
- General orientation to students of 8th to 10/12th classes
- Individual counseling for about 200 students
- Organizing competitions in painting, essay and debate.
- Remedial Education: Part-time teachers for taking up remedial classes in all 10 schools, three teachers (esp. for science, English, and mathematics) for 2 and half months only
- Providing support for basic infra-structural needs of the 10 selected schools, such as blackboards, fans, drinking water, sanitation, etc @Rs 15,000 per school.
- Conducting Baseline survey for selection of schools.

The project yielded positive results, which prompted MGL to approve a massive programme to empower 10,000 under Privileged students from 30 schools in North –East Mumbai. The new programme is to take off in November, 2017.